

To The NESA Community,

Looking back at 2023, it was another disruptive and challenging year for the staff, instructors, volunteers, and members of NESA. We always wish we could foresee the future when we are doing budgets, and it seems the unanticipated greets us all. Witnessing the dedication and hard work of everyone makes it worthwhile, when we hear words of gratitude, we know all the work behind the scenes has been worth it. Many of you joined in moving tables, setting up chairs and offering to lend a hand where needed. That spirit of community is what makes us strong as an organization.

We would like to thank our community partners for creating space for us, and although it isn't the comforts and social setting of the Northgate Lions facility, everything has worked out as best it can, and allows seniors to thrive and remain engaged.

On behalf of the staff, we wish you all a Merry Christmas, and happy and most of all healthy celebrations with friends and family. We look forward to seeing you all at some time or another, and at one of our many locations in 2024!

Nancy Melnychuk