## Frozen Meals To Go

This month Emma Catering will be starting with frozen supper meals for a week ( 7 days). Meals are cooked fresh weekly and frozen the week prior to delivery/pick up week. Order date cut off is Wednesday before the delivery day. All meals will be ready for pick up on Monday's by 4pm or delivered to people that can't drive.

You will have to order for the full 7 days.
$\$ 70$ per week for one person
$\$ 140$ per week for two people
\$5 Delivery Fee

## May 9th - May 15th

Meat Loaf, Roasted Potato, Vegetables,Dessert
Turkey Broccoli Vegetable Pie, Dessert
Pesto Tortellini Bake, Vegetables, Dessert
Mac \& Cheese, Vegetables, Dessert
Pork over Rice, Vegetables, Dessert
Sweet \& Sour Ribs, Rice, Dessert
European Meatballs,Pasta, Vegetables, Dessert

May 23rd- May 29th
BBQ Chicken, Rice, Vegetables, Dessert
Butter Chicken,Rice, Vegetables, Dessert
Turkey Lasagna Casserole, Vegetables, Dessert
Pork Chops, Roasted Potatoes, Vegetables, Dessert
Chicken Rice Vegetable Roast, Dessert
Breakfast Burrito, Soup, Dessert
Baked Beans With Sausages Over Rice, Dessert

June 6th - June 12th<br>Beef Stew, Quinoa, Vegetables, Dessert<br>Chicken, Spinach, Lentil Rice, Vegetables, Dessert Vegetarian Chili,Dinner Rolls, Dessert<br>Turkey Fried Rice, Vegetables, Dessert<br>Lasagna, Vegetables, Dessert<br>Curry Vegetables Pie, Dessert<br>Broccoli Stuffed Chicken, Rice, Dessert<br>June 20th-June 26th<br>Chicken Goulash, Pasta, Vegetables, Dessert<br>Fish Curry,Rice, Vegetables, Dessert<br>Thai Peanut Chicken, Rice, Dessert<br>Spinach and Artichoke Turkey Casserole, Dessert<br>Sauerkraut with Sausage, Polenta, Vegetables, Dessert<br>Meatballs over Pasta, Vegetables, Dessert<br>Beef Vegetables Soup, Cheese Scone, Dessert

