**Frozen Meals To Go** 

This month Emma Catering will be starting with frozen supper meals for a week (7 days). Meals are cooked fresh weekly and frozen the week prior to delivery/pick up week. Order date cut off is Wednesday before the delivery day. All meals will be ready for pick up on Monday's by 4pm or delivered to people that can't drive. You will have to order for the full 7 days. \$70 per week for one person \$140 per week for two people \$5 Delivery Fee

## May 9th - May 15th

Meat Loaf, Roasted Potato, Vegetables, Dessert Turkey Broccoli Vegetable Pie, Dessert Pesto Tortellini Bake, Vegetables, Dessert Mac & Cheese, Vegetables, Dessert Pork over Rice, Vegetables, Dessert Sweet & Sour Ribs, Rice, Dessert European Meatballs, Pasta, Vegetables, Dessert

## May 23rd- May 29th

BBQ Chicken, Rice, Vegetables, Dessert Butter Chicken, Rice, Vegetables, Dessert Turkey Lasagna Casserole, Vegetables, Dessert Pork Chops, Roasted Potatoes, Vegetables, Dessert Chicken Rice Vegetable Roast, Dessert Breakfast Burrito, Soup, Dessert Baked Beans With Sausages Over Rice, Dessert

## June 6th - June 12th

Beef Stew, Quinoa, Vegetables, Dessert Chicken, Spinach, Lentil Rice, Vegetables, Dessert Vegetarian Chili, Dinner Rolls, Dessert Turkey Fried Rice, Vegetables, Dessert Lasagna, Vegetables, Dessert Curry Vegetables Pie, Dessert Broccoli Stuffed Chicken, Rice, Dessert

## June 20th-June 26th

Chicken Goulash, Pasta, Vegetables, Dessert Fish Curry,Rice, Vegetables, Dessert Thai Peanut Chicken, Rice, Dessert Spinach and Artichoke Turkey Casserole, Dessert Sauerkraut with Sausage, Polenta, Vegetables, Dessert Meatballs over Pasta, Vegetables, Dessert Beef Vegetables Soup, Cheese Scone, Dessert