



Personal Training Services for NESAs Members

NESA is pleased to offer certified contracted personal fitness training services for its members.

Please contact the personal trainer to make scheduling arrangements. Please note, payment for personal training services is made between the NESAs member and the personal fitness trainer directly.

Boris Derpich – Telephone: 780-782-1063

Email: bdnesa1@gmail.com

Jollean Ferrari – Not currently accepting new clients at this time

Falon Fleming – Not currently accepting new clients at this time

Sajida Shamseddine – Telephone: 780-932-1305

Email: shamseddines@outlook.com

*Please Note: A valid NESAs Membership and Fitness Centre Membership are required prior to accessing personal fitness training services with the contracted personal trainers. An informed consent and fitness centre waiver is also required to be completed.

