

Frozen Meals To Go

This month Emma Catering will be starting with frozen supper meals for a week (7 days). Meals are cooked fresh weekly and frozen the week prior to delivery/pick up week. Order date cut off is Wednesday before the delivery day. All meals will be ready for pick up on Monday's by 4pm or delivered to people that can't drive.

You will have to order for the full 7 days.

\$70 per week for one person

\$120 per week for two people

Add Soup or Salad for \$2 extra

\$5 Delivery Fee

Week One

Jan 24th - Jan 30th

German Cabbage Rolls, Mashed potatoes, Vegetables-Dessert
Broccoli Stuffed Chicken, Rice, Vegetables, Dessert
Butter Chicken with Vegetables, Steamed Potatoes, Dessert
Instant Pot Pie and Beans, Vegetable and Shrimp, Dessert
Chicken Burrito and Soup, Dessert
Ground Turkey Pasta Bake, Dessert
Parmesan Chicken, Mashed Potato, Vegetables, Dessert

Week Two

Jan 31th - Feb 6th

Beef, Mashed Potato, Vegetables, Gravy, Dessert
Pulled Pork, Rice, Vegetables, Dessert
Beef Chili with Vegetables, Garlic Onion Scone, Dessert
Tortellini Alfredo Casserole, Dessert
BBQ Meatballs, Rice, Vegetables, Dessert
Chicken Broccoli, Bacon, Potato Bake, Dessert
Tuna Casserole with Vegetables, Dessert

Week Three

Feb 7th - Feb 13th

BBQ Ribs, Rice, Vegetables, Dessert

Chicken and Sausage Jambalaya, Dessert

Spinach Cheese Lasagna, Dessert

Bacon, Ham and Cheese Quiche, Vegetables, Dessert

Hamburger Soup, Cheese Scone, Dessert

Chicken Fajita Bowls, Dessert

Cordon Bleu Chicken, Mashed Potato, Sauce, Vegetables, Dessert

Week Four

Feb 14th - Feb 20th

Shepards Pie, Vegetables, Dessert

Hamburger Steak, Onion Gravy, Mashed potato, Vegetables, Dessert

Greek Meatballs with Cucumber Sauce, Rice, Vegetables, Dessert

Ham, Scalloped Potato, Vegetables, Dessert

Beef Teriyaki with Broccoli, Rice, Dessert

Thai Peanut Chicken Satay, Rice, Dessert

Turkey Noodle Poppy Seed Casserole, Vegetables, Dessert

Week Five

Feb 21st- Feb 27th

Beef Bolognese Sauce with Spaghetti, Vegetables, Dessert

Sweet & Sour Ribs, Corn, Rice, Dessert

Lazy Cabbage Rolls with Potato, Dessert

Hawaiian Pizza, Pork Vegetables Soup, Dessert

Beef Goulash and Vegetables over Rice, Dessert

Turkey Meal with Gravy, Dessert

Stuffed Peppers, Mashed Potato, Dessert

