

PROGRAM UPDATE

Ideally NESA would be opening all of its activities at the same time, but understandably that is not possible. The phased approach was developed with all of the information gathered from the provincial town hall meetings and the AHS visit, as well as what is allowed via the guidelines and in some cases, Provincial Orders. Activities are identified as being low/ high risk and low/ high priority. The suggested phases are all subject to change based on the recommendations and guidance from Alberta Health Services.

Low-risk activities The activity can commence with appropriate physical distancing, it is minimal-to-no shared equipment and/or supplies, and the workspace can be effectively cleaned and sanitized. Please note that low-risk activities with previous low enrollment may be placed in a later phase to accommodate higher enrolled activities.

High-risk activities The activity cannot be done while properly adhering to the physical distancing guidelines and high touch areas are difficult to effectively clean and sanitize. An activity will also be considered high-risk if there is an increased likelihood of transmission of sweat or saliva droplets and equipment/ supply sharing is unavoidable; for instance a high-impact fitness program, floor and court sports, singing or playing wind instruments.

Low or High Priority All activities are important and the preference would be to open all of them. Unfortunately, that is not possible at this time. It is required to divide programs by priority based on enrollment. Activities with higher enrollment have a greater need to accommodate, granted they were identified as low-risk.

Other factors that have affected which phase activities were placed are instructor or space availability.

PHASE	PROGRAMS INCLUDE	CLUBS INCLUDE (Subject to change based on room availability and AHS guidelines)
1	<ul style="list-style-type: none"> • Ceramics • Fitness • Fitness Centre (Reservations required) • Knitting/ Crocheting • Languages • Music & Dance (Limited to no singing or wind instruments) • Writing Programs 	<ul style="list-style-type: none"> • Art Clubs • Carving • Creative Greeting Card Club • Fibre Art • Hardanger • Music Clubs (Limited to no singing or wind instruments) • Sewing/Quilting • Washi-Chigiri-E
2	<ul style="list-style-type: none"> • General Interest/ Health Lectures • Social activities: Trivia, Name that Tune, or any social activities that can adhere to social distancing 	<ul style="list-style-type: none"> • Book Lovers Club • Garden Club <p>Fundraising Activities and/or Events (Phase 2 or 3)</p>
3	<ul style="list-style-type: none"> • Choralaires & Songbirds • Computers • Matinee Movies • Singing Programs • Tours & Outings 	<ul style="list-style-type: none"> • Anything with playing cards • Carpet Bowling • Badminton • Pickleball • Golf Club • Social Clubs: JFTC & Travel • Silversmithing • Stained Glass • Weavers • Woodworking <p>Fundraising Activities and/or Events (Phase 2 or 3)</p> <p>Social Events: Teas, Dances, Dinners, etc.</p>