



Wishing all of our members a Merry Christmas and Happy Holidays! Thank you to everyone who left chocolates and other goodies for us, you'll see us all in the fitness centre when it reopens in January!

We are glad to be putting 2024 behind us, just one more move back into place and that should be the last of our packing and unpacking. The staff sure appreciate everyone's understanding and kindness and once again our community came together and supported one another.

We look forward to opening our doors to welcome you back in January!

Nancy Melnychuk
Executive Director